



# CASUAL ACT + YIDAM

OCT 25+26 / 2024 / 7:30PM / NEWMARK THEATRE

## CASUAL ACT (2013)

**Choreography** / Sarah Slipper

**Music** / Max Richter, Yann Tiersen, David Wingo, Massive Attack

**Lighting Design** / Jeff Forbes

**Production** / Thyra Hartshorn

**Costumes** / Rachelle Waldie, Dayna Lucas

**Set Design & Construction** / Jon Plueard

**Dancers** / Armando Brydson, Beatriz García Díaz, Ingrid Ferdinand,  
Anthony Milian, Alejandra Preciado

*Casual Act* is inspired by the play *Betrayal* by Harold Pinter, regarded as one of his major dramatic works. The plot of *Betrayal* questions different permutations of betrayal and that the very capacity for love itself is sometimes based on betraying not only other loved ones, but even ourselves.

~ 20-MINUTE INTERMISSION ~

## YIDAM (2015)

**Choreography** / Ihsan Rustem

**Music** / Michael Gordon

**Lighting Design** / Jeff Forbes

**Production** / Thyra Hartshorn

**Costumes** / Lindsey Reif

**Dancers** / Samantha Aymong, Armando Brydson, Gabriel Canepa, Beatriz García Díaz,  
Ingrid Ferdinand, Anthony Milian, Alejandra Preciado, Mateo Vidals

Yidam is said to be a contraction of the Tibetan phrase *yiid-kyi-dam-tshig*, meaning “bond of mind” to an enlightened quality. Inspired by the act of observing mind and the practice of attempting to tame mind. When I first began to meditate, I naively expected to have this immediate ‘zen’ like experience. That I would simply close my eyes and all would be calm. The reality could not have been further from this expectation, resembling more of a stormy chaos with thoughts and feelings vying for attention. The work is a reflection on these initial stages of attempting to find the ‘nowness’ in this circus of limitless space.

I fell in love with Michael Gordon’s electrifying score *Weather One* many years ago and patiently waited for the right moment to take on this challenging and exciting score. The roller coaster of complexity is seemingly a reflection of the dance of mind as it returns to itself again and again.

All Casting Subject to Change

**JOIN US AT THE LOBBY ARTBAR AFTER THE SHOW!**

The use of photography or other recording equipment is prohibited.  
Smoking is not permitted in the building. Please silence your cell phone.