



Studio Policies and Procedures for Students

In-Person Class Overview

- Masks must be worn at all times.
- Students only are allowed in the building (no parents, siblings or children).
- Temperatures will be taken at the front desk when entering the building.
- If you have any symptoms of the flu or COVID-19, do not attend class. If any member of your household or pod is exhibiting symptoms or awaiting test results, do not attend class. Zoom links will be provided.
- Students should arrive dressed and ready for class (changing rooms are not available).

Drop Off + Pick Up

- All students will be let into the building 10 minutes prior to the start of class.
- Doors to the building will remain locked once classes begin. If for any reason the front doors are locked, you may call 503-421-7434 to gain access to the building. Please ensure physical distancing by standing at least 6-feet apart while waiting to be let in for class.
- Please be punctual picking up dancers as there is no waiting area for dancers after class.

Entering and exiting the studio

- Dancers may enter the lobby two at a time to receive a temperature check. They must remove their shoes, and place all belongings in a cubby in the lobby. There may only be two dancers at the cubbies at a time to ensure proper distancing.
- All shoes and personal belongings must be kept in cubbies in the lobby. Only water bottles and pointe shoes are allowed in the studio.
- Hands must be washed or sanitized before entering the studio.
- Water break stations are marked in each studio. Please be sure all students leave their water bottles at the water stations.
- Cups are not provided for water. Please bring a water bottle.
- There are two gender-neutral restrooms available. Only one dancer may use each restroom at a time. Dancers should check with front desk staff before entering the restroom to help us control traffic through the hallways.
- If students need to remove their masks for air, please step outside the building. Be certain to notify front desk staff before going outside.
- All classes must end on time due to staggered arrival and departure times. Youth students will be released from the studio two at a time so that they can remove their belongings from the cubbies.
- Students who have multiple classes must remain on their "X" to stretch or warm up while waiting for their next class to start.

Student Cleaning Procedures

- Students in Levels 3 – 5 are responsible for returning their barres and wiping them down using disinfectant wipes provided in the studio. Wipes should be disposed of in the trashcans provided. After barre, dancers should use hand-sanitizer.

Dress Code

Masks must be worn at all times.

Jewelry should not be worn to class.

Please do not apply lotion or oils immediately before class.

HIP HOP

ATTIRE / Form-fitting dance, yoga or athletic wear. (Jeans are not allowed.)

SHOES / Clean, light soled sneakers. (Dark soled shoes are not allowed.) Shoes should be carried in and not worn on the street.

HAIR / Hair should be secured away from the face and off of the neck (ponytail or bun recommended).

CONTEMPORARY

ATTIRE / Form-fitting dance, yoga or athletic wear.

SHOES / Bare feet or cotton socks (70% cotton socks recommended for traction).

HAIR / Hair should be secured away from the face and off of the neck (ponytail or bun recommended).

BALLET ALL LEVELS

SHOES / Ballet slippers are required. Ballet slippers must match the color of the tights (pink, flesh tone, or black). Pointe students must have attached ribbons on shoes.

HAIR / Long hair must be pulled into a bun in order to show the line of the neck. Shorter hair should be secured with a headband.

PRIMARY BALLET ATTIRE

Choose between the following options:

Light pink leotard + light pink mid-length ballet skirt + pink or flesh tone convertible tights

OR

Fitted white t-shirt + black shorts or black tights/leggings

BALLET 1 ATTIRE

Choose between the following options:

Light blue leotard + light blue mid-length ballet skirt + pink or flesh tone convertible tights

OR

Fitted white t-shirt + black shorts or black tights/leggings

BALLET 2 ATTIRE

Choose between the following options:

Light blue leotard + pink or flesh tone convertible tights

OR

Fitted white t-shirt + black shorts or black tights/leggings

BALLET 3 ATTIRE

Choose between the following options:

Royal blue leotard + pink or flesh tone convertible tights

OR

Fitted white t-shirt + black shorts or black tights/leggings

BALLET 4 + BALLET 5 ATTIRE

Choose between the following options:

Black leotard + pink or flesh tone convertible tights. Any solid color leotard may be worn on Saturdays only.

OR

Fitted white t-shirt + black tights + white or black ballet slippers (white socks must be worn with white ballet slippers)