



Youth Studio Policies and Procedures

Studio + Class Overview

- **After DEC 26 / 2021, all dancers ages 12+ are required to be fully vaccinated for COVID-19 to participate in our youth classes and intensives.**
- Masks must be worn at all times while in the building. Staff and faculty included.
- All staff and faculty are fully vaccinated.
- **Hands must be washed or sanitized upon entering the building.**
- Only dancers are allowed in the building (no parents, siblings, friends, etc.). Exceptions can be made if you need to assist your child at the beginning or end of class time.
- If a dancer has any symptoms of the flu or COVID-19, they should not attend class. If any member of their household or pod is exhibiting symptoms or awaiting test results, they should not attend class.
- If a dancer receives a COVID-19 test for any reason, that dancer must share the test results with NW Dance Project in order to come back to class.
- Dancers should arrive early and promptly for class time.
- If a dancer arrives more than 15 minutes late, without notice or a special circumstance, the teacher may ask them to sit and take notes during class.
- Dancers are allowed 2 absences per term.
- Dressing stalls are open and available if needed. Make sure to allow enough time to get ready for class beforehand.
- Once checked in, dancers are asked to remove their shoes, and place all belongings in a cubby in the lobby.
- All shoes and personal belongings must be kept in cubbies in the lobby. Only water bottles and necessary shoes for class are allowed in the studio.
- Water break stations are marked in each studio. Please be sure all dancers leave their water bottles at the water stations.
- Cups are not provided for water. **Please bring a water bottle.**
- If dancers need to remove their mask for air, please step outside the building. Be certain to notify front desk staff before going outside.

Student Cleaning Procedures

- Students are responsible for returning their ballet barres and wiping them down using disinfectant wipes provided in the studio. Wipes should be disposed of in the trashcans provided. After barre, dancers should use hand-sanitizer.

Youth Dress Code

Masks must be worn at all times.

Jewelry should not be worn to class.

Please do not apply lotion or oils immediately before class.

HIP HOP

ATTIRE / Form-fitting dance, yoga or athletic wear. Jeans are not allowed.

SHOES / Clean, light soled sneakers. (Dark soled shoes are not allowed.) Shoes should be carried in and not worn on the street.

HAIR / Hair should be secured away from the face and not distract or interfere from your dancing (ponytail is recommended if practical).

No jewelry allowed

CONTEMPORARY

ATTIRE / Form-fitting dance, yoga or athletic wear. Jeans are not allowed.

SHOES / Bare feet or cotton socks (70% cotton socks recommended for traction).

HAIR / Long or loose hair can interfere with Contemporary technique and therefore should be secured away from the face, neck and shoulders. A ponytail or bun is preferred if practical. Braids are accepted, but should not exceed a length much lower than the shoulder. The thickness of the braids should allow for a safe, secure, appropriately sized ballet bun that does not move. Shorter hair should be secured with a headband.

No jewelry allowed

BALLET ALL LEVELS

SHOES / Ballet slippers are required. Ballet slippers must match the color of the tights (pink, flesh tone, or black). Pointe students must have attached ribbons on shoes.

HAIR / Long or loose hair can interfere with Ballet technique and therefore should be secured away from the face, neck and shoulders. A bun is preferred if practical. Braids are accepted, but should not exceed a length much lower than the shoulder. The thickness of the braids should allow for a safe, secure, appropriately sized ballet bun that does not move. Shorter hair should be secured with a headband.

No jewelry allowed

Creative Movement

Light pink leotard + light pink mid-length ballet skirt + pink or flesh tone convertible tights for female identifying
OR

Fitted white t-shirt + black shorts or black tights/leggings for male-identifying

No jewelry allowed

Primary Ballet

Light pink leotard + light pink mid-length ballet skirt + pink or flesh tone convertible tights for female-identifying
OR

Fitted white t-shirt + black shorts or black tights/leggings for male-identifying

No jewelry allowed

Ballet 1

Light blue leotard + light blue mid-length ballet skirt + pink or flesh tone convertible tights for female-identifying
OR

Fitted white t-shirt + black shorts or black tights/leggings for male-identifying
OR

Attire of choice for non-binary dancers

No jewelry allowed

Ballet 2

Light blue leotard + pink or flesh tone convertible tights for female-identifying
OR

Fitted white t-shirt + black shorts or black tights/leggings for male-identifying
OR

Attire of choice for non-binary dancers

No jewelry allowed

Ballet 3

Royal blue leotard + pink or flesh tone convertible tights for female-identifying
OR

Fitted white t-shirt + black shorts or black tights/leggings for male-identifying
OR

Attire of choice for non-binary dancers

No jewelry allowed

PRO TRACK Ballet

Black leotard + pink or flesh tone convertible tights for female-identifying
OR

Fitted white t-shirt + black tights + white or black ballet slippers (white socks must be worn with white ballet slippers) for male-identifying

OR

Attire of choice for non-binary dancers

Any color leotard or fitted shirt can be worn on Saturday classes only

No jewelry allowed